



worthing theatres
and museum

Welcome to Worthing and WTM

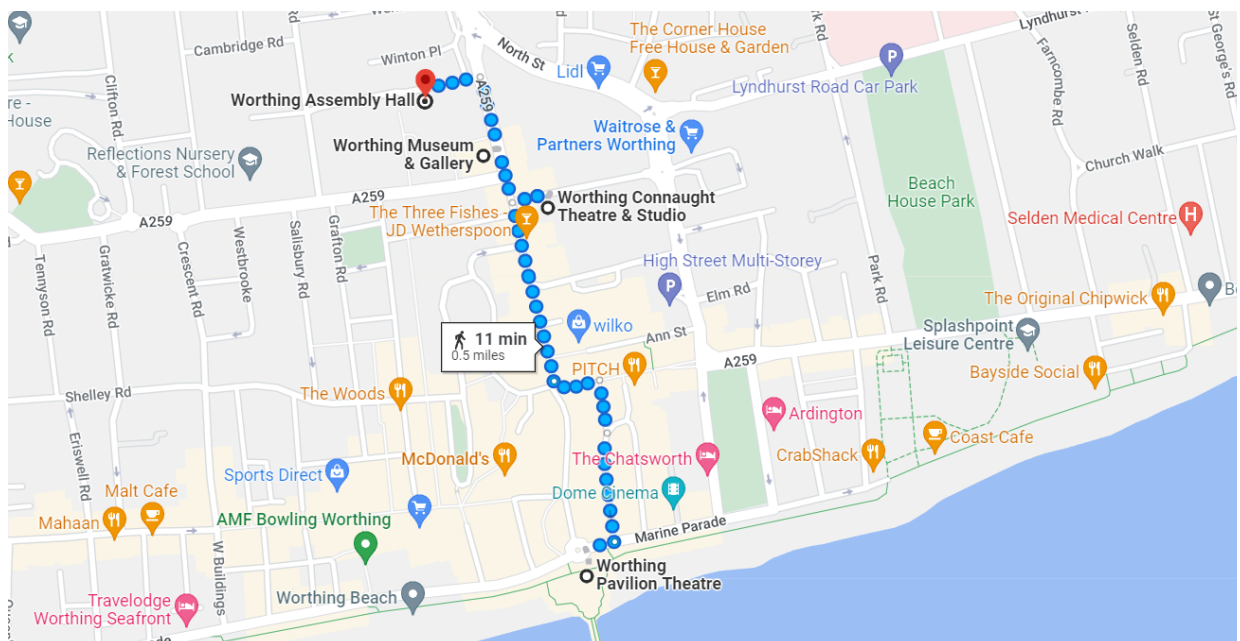
Worthing Theatres and Museum are delighted to be hosting The European Aerial Dance Festival this August.

We would like to welcome you all and wish you a very enjoyable stay; this pack offers a brief guide to our town which we hope will help you to find your way. If you have any questions during your time with us, our staff will be happy to help in anyway that they can.

About WTM

WTM have four buildings, The Pavilion Theatre and Atrium, The Connaught Theatre and Studio, the Assembly Hall and Worthing Museum. They are all in the city centre, a short walk apart from each other. More information is available on our website wtm.uk

The Pavilion sits on the beautiful seafront, in front of the Worthing Pier, and with a short walk from here up Chapel Road you'll find many restaurants, cafes and shops. Continue up and after a five minute walk, you'll find the Connaught Cinema and Studio on the right. Almost opposite is the Worthing Museum and Gallery. Open Thursday to Saturday every week, the museum is free and is an excellent place to learn about local history and culture. If you continue up Chapel Road past the Museum then take a left onto Stoke Abbott Road you'll find the Assembly Hall.





WTM during your stay

WTM offers a wide selection of events, from the latest film releases to our vibrant live event programme.

Our museum, newly-reopened, opens its doors Thursday to Saturday, hosting wonderful workshops and lectures.

More information on all our events can be found on our website, <https://wtm.uk/>

Our Box Office staff will be able to help with tickets or any questions you may have, the Box Office is situated at the Connaught Theatre or contactable on 01903 206206.

Public Transport & Taxis

The train station is an easy, short walk from our venues. Follow the main high street up to the second roundabout then take a left onto Teville Road, walk straight along then a right when signposted at the traffic lights.

Brighton is a twenty minute train journey away, with trains departing every half an hour.

Taxi Services

Arrow Taxi Group
01903 212121

Zoom Worthing
01903 333333

Local shops & Restaurants

Supermarkets

Morrisons
Newland Street,
Worthing, BN11 1JU

Marks & Spencers
Montague St,
Worthing BN11 3BW

Tesco Express (in between the Pavilion and the Connaught)
23-25 Chapel Rd,
Worthing BN11 1EG



Lidl
34 North St,
Worthing BN11 1DU

Waitrose
High Street,
Worthing BN11 1LL

Restaurants

Pizza Face
138 Montague St, Worthing BN11 3HG
<https://pizzafacepizza.co.uk/menus/>

The Cow Shed
31 Marine Parade, Worthing BN11 3PU
<https://cowshedworthing.co.uk/menu/>

Vudu - Brunch, Small plates and Cocktails
17 Warwick St, Worthing BN11 3DF
<https://www.vuduworthing.co.uk/>

Issa Sushi
South St, Worthing BN11 3AW
<https://issasushi.co.uk/worthing/menu-worthing/>

Feast
4 Warwick St, Worthing BN11 3DL
<https://www.feastworthing.com/>

Crab Shack
Crabshack, 2 Marine Parade, Cnr. of Warwick Road, Worthing BN11 3PN
<https://crabshackworthing.co.uk/>

Saltio
29 Marine Parade, Worthing BN11 3PT
<https://www.saltiomexican.com/>



The Woods

55-59 Portland Rd, Worthing, BN11 1QG

<https://www.thewoodsburgerkitchen.com/>

Finch

27 Warwick St, Worthing BN11 3DQ

<https://www.finchbarandeatery.com/>

Efes Town Turkish Cuisine

20 Portland Rd, Worthing BN11 1QN

<https://efesworthing.co.uk/>

Emergency/ Out of Hours Medical Care

Out of hours Non-emergency medical help: Call 111

Worthing A&E

Hospital, Lyndhurst Rd, Worthing BN11 2DH

Call 999

Selden Medical Centre

6 Selden Road, Worthing,

West Sussex, BN11 2LL

01903 234962

Worthing Medical Group

23 Shelley Road,

Worthing, BN11 4BS

01903 234 844

Health Central Surgery

Stoke Abbott Rd,

Worthing, BN11 1HE

01903 821647

Emergency Dentist

Central Clinic,

Stoke Abbot Road,



Worthing BN11 1HE
01903 230364

Worthing Dental Centre
20 Liverpool Gardens,
Worthing BN11 1RY
0800 111 6627

Pharmacies

Boots

High St, Worthing BN11 1LL

Paydens Pharmacy
56 Teville Rd, Worthing BN11 1UY

Paydens Pharmacy
4 Christchurch Rd, Worthing BN11 1JA

Gyms

Splashpoint Leisure Centre - Swimming pool and Gym facilities
60 Brighton Rd, Worthing BN11 2EN
<http://www.southdownsleisure.co.uk/>

XLAB CrossFit Worthing
Unit 17 Guildbourne Centre, Worthing BN11 1LZ
<http://xlabcrossfit.com/>

Fire, Salt & Sea sauna
Worthing Seafront, Opposite Premier Inn, BN11 3FN
<https://firesaltsea.co.uk/>

Local Attractions:

Denton Gardens
3ED, Brighton Rd, Worthing

Steyne Gardens
The Steyne, Worthing, BN11 1NZ

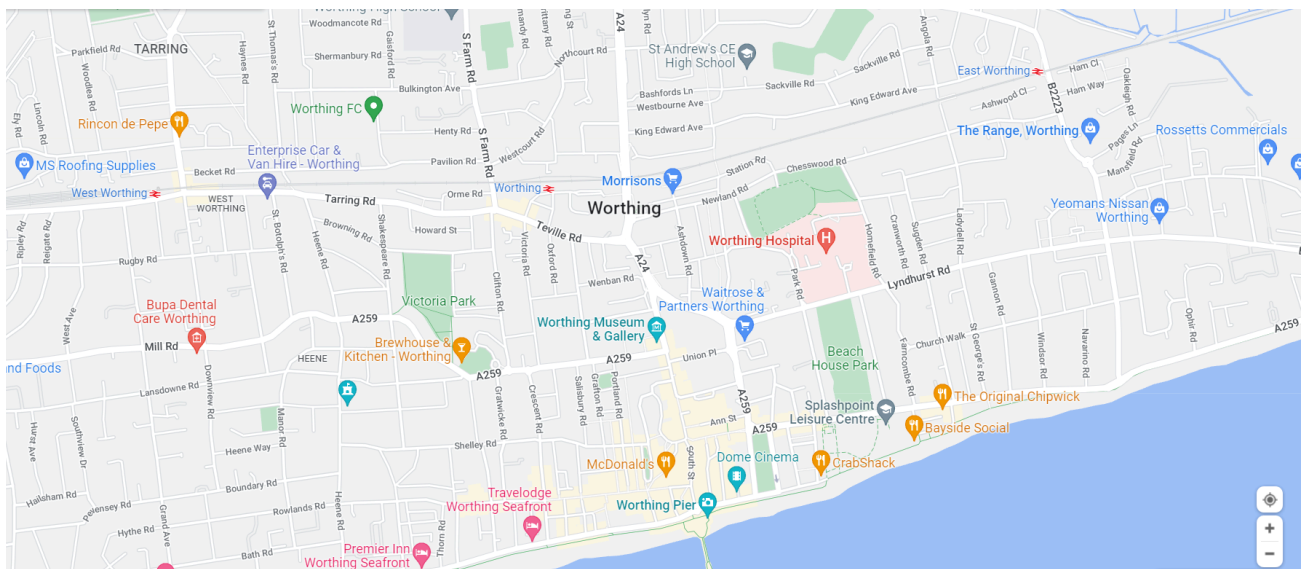


Beach House park
55 Lyndhurst Rd, Worthing BN11 2DB

Cissbury Ring
Findon, Valley, Worthing BN14 0HT

Theatre Helpline

The Theatre Helpline is a free, independent and confidential phone and email service that provides support to people working in the theatre industry. Trained staff are available to offer support and signposting on any topic which affects your wellbeing, theatrehelpline.org / advice@theatrehelpline.org / 0800 915 4617



NB: Worthing Theatres and Museum are not endorsing or recommending any establishments or businesses listed here, details are listed for information only.